

# Myofascial Release Seminars

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International Headquarters

## 2023-2024 Seminar Schedule (Canada) John F. Barnes' Myofascial Release Seminars

### *MYOFASCIAL MOBILIZATION WORKSHOP*

Edmonton, Alberta  
Delta Hotel - Edmonton  
Phone: 780-429-3900

September 23, 24, 2023

### *MYOFASCIAL RELEASE I*

Saskatoon, SK  
Saskatoon Inn & Conference Centre  
Phone: 306-242-1440

April 19, 20, 21, 2024

*MFR Seminars may be adding more Fascial-Pelvis Myofascial Release Seminars to the 2023-2024 seminar calendar. Additional locations and dates can be viewed on our website [www.myofascialrelease.com](http://www.myofascialrelease.com).*



### The "Sanctuary"

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