
DR. EDWARD G. KITA, BSC, DC

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85 Ravenscraig Drive
Halifax, NS B3P 0B7

Profile

Highly motivated with a strong work ethic and an aggressive record of goal attainment.

Standard Chiropractic Techniques include: Diversified, Logan Basic, Thompson, SOT, Cox Flexion/Distracton. Soft Tissue Techniques include: ART, Positional Release, Myofascial Release and standard rehabilitation protocols. Modalities include: Interferential, Russian Stimulation, Therapeutic Ultrasound, Intersegmental Traction, Heat and Cryotherapy.

Education

Doctor of Chiropractic, Magna Cum Laude, 2001

Logan University of Chiropractic, Chesterfield, MO

Tutor of Gross Anatomy: Physiology, Cardio-Respiratory and Neuromusculoskeletal dysfunctions.

Montgomery Outpatient Shift Leader.

A.R.C. (Adult Rehabilitation Centre) Coordinator: Salvation Army clinic administering chiropractic care to chemical and alcohol dependant men.

B.Sc., Human Biology, 1999

Logan University of Chiropractic, Chesterfield, MO

Marine and Mechanical Engineering Technologist, 1985

St. Lawrence College, Cornwall, Ontario

Experience

Chronic Pain Simplified Inc., Halifax, NS, 2017 - Present

Educational website focusing on soft tissue therapy and chronic pain.

Dr. Edward G. Kita Inc., Halifax, NS, 2002 - Present

Chiropractic and Soft Tissue Injury Private Practice

Canadian College of Massage and Hydrotherapy, Halifax, 2007

Six week program of East of c Soft Tissue Therapy Techniques including active and passive myofascial release.

East of c Soft Tissue Injury Practitioner Workshop Series, Halifax, NS, 2005

Canadian College of Massage and Hydrotherapy, Halifax, NS, 2002 - 2004

Professor of Gross Anatomy and Clinical Orthopaedic Assessment

Nanisivik Mines Ltd., North Baffin Island, 1988 - 1998

Power Plant Operator/Maintainer of 10MW Diesel electric power plant.

Royal Canadian Navy, Halifax, NS, 1983 - 1988

Marine Engineering Technologist for submarine HMCS Onodaga.
